

Conversation Agreements

Both/And

Consider how more than one truth, experience or solution can exist at the same time.

Be aware of your privilege

Wherever you hold privilege, consider stepping back to make room for others.

Speak for yourself

Speak to your own experience rather than the experiences of others or what you have heard.

"Me" and "we"

Share personal experiences in a way that furthers group discussion.

Impact matters

Consider the impact of your words and actions, even when you have good intentions.

Self-care

Take care of yourself during our time together, whatever that looks like.

Stories stay, learning leaves

When you leave the room, share insights while keeping names and specifics confidential.